

Athlete Trait

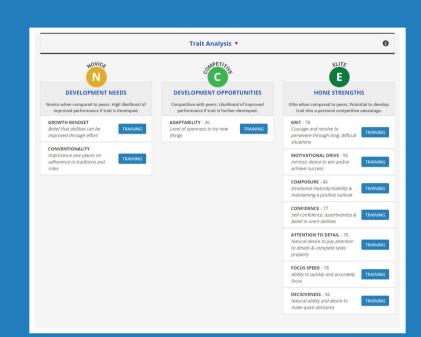
Analysis

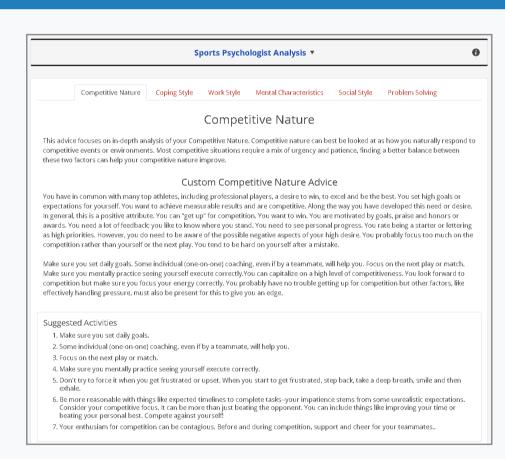
13 traits tied to athlete success (Performance Traits) measured by the TAP are graded as Novice, Competitive, or Elite when compared to their peers, with a link to the athlete's development plan.

Development **Planning**

Prioritizes traits for development while providing the training link for each trait in the report.

CHECK IT OUT





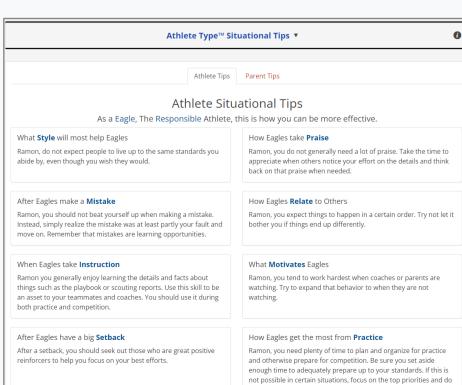
Sports Psychologist Analysis for Athlete

Dr. Robert Troutwine's athlete-facing analysis and advice for improving their performance in 6 key topics that apply to life in and out of sports.

Athlete Type **Results**

8 archetypes ("AthleteTypes") were discovered in the TAP database of elite athletes. The athlete's top-matched AthleteType appears in the report with more details found here.





not worry about the details.

Situational **Tips**

Based on tendencies shown by the different AthleteTypes, we provide tips for how to better handle common situations.